



Eating Disorder Research Group
Research Department of Clinical,
Educational & Health Psychology



Eating Disorders Service

Eating Disorders Sixth Joint NELFT/UCL Conference on: **Pathways to Recovery, Risks and Responsibilities**

Friday 11th November 2016 – University College London

To include special guest speaker, keynotes, clinical skills workshops and service user presentations
The conference will be relevant for Psychiatrists, Nurses, Clinical Psychologists, Psychotherapists,
Dietitians, Researchers, Students or any other professionals interested in eating disorders.

Keynote 1: Dr Frances Connan, Clinical Director,
Vincent Square Eating Disorder Service, Central & North
West London Foundation NHS Trust: **Care Pathways –
From Community to Intensive Treatment**



Keynote 2: Dr Mima Simic, Joint Head of Child and
Adolescent Eating Disorder Service, South London &
Maudsley Foundation NHS Trust: **Tensions,
Challenges and Dilemmas in Working with Young
People with Eating Disorders**



Guest Speaker: Hadley Freeman, Guardian columnist and
features writer

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Please book your tickets on one of the following links:

<http://bit.ly/1TXB4pN> OR <https://www.eventbrite.co.uk/e/sixth-joint-nelftucl-conference-on-eating-disorders-11th-november-2016-at-university-college-london-tickets-25025480887>

Please make sure you book early as tickets are selling fast.
Early bird rates are available until 1/9/16

Invoices for organisations are available upon request

For further information and to add your name to our circulation list please email:

eatingdisorderconference@nelft.nhs.uk



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Sixth Joint NELFT/UCL Conference on Eating Disorders **Pathways to Recovery, Risks and Responsibilities**

Friday 11th November 2016 – University College London

09:00 – 09:30	Registration
09:30 – 09:40	Introduction/Housekeeping
09:40 – 10:20	Guest speaker: Hadley Freeman
10:20 – 11:00	Keynote 1: Dr Frances Connan <i>Care Pathways – From Community to Intensive Treatment</i>
11:00 – 11:20	Coffee Break
11:30 – 13:00	*Workshop 1
13:00 – 14:00	Lunch
14:00 – 15:30	*Workshop 2
15:30 – 15:50	Coffee Break
15:50 – 16:20	Service Users: <i>Former-service users of the NELFT Eating Disorder Service will share their experiences and insights</i>
16:20 – 17:00	Keynote 2: Dr Mima Simic <i>Tensions, Challenges and Dilemmas in Working with Young People with Eating Disorders</i>
17:00 – 17:10	Closing Remarks

***Workshops**

The following workshops will be on offer (four in the morning and four in the afternoon TBC):

- *The importance of collaborating with carers to achieve good recovery outcome* by **Veronica Kamerling**
- *Dietetic support for Anorexia Nervosa* by **Ursula Phillpot**
- *Holding on to hope when the situation feels hopeless - Working systematically with your people and families experiencing an eating disorder* by **Enda Murphy**
- *Paediatric and adolescent medical complications in eating disorders - when to worry and what to worry about* by **Dr Simon Chapman**
- *Dialectical behavior therapy for adolescents comorbid self-harm and eating disorders* by **Dr Mima Simic**
- *A Novel First Episode and Rapid Early Intervention Service (FREED) for young adults with eating disorders* by **Dr Amy Brown**
- *Cognitive behavioural therapy for adults with eating disorders* by **Rory Harnett**
- *The Maudsley Model of Anorexia Nervosa Treatment for Adults (MANTRA)* by **Yael Brown**

Cost / payment details:

£100* General admission, £60* reduced rate for full time students/NELFT and UCL staff (Please Note: Proof of student or Staff status will be required)

Group Bookings are available for 4-7 and 8+ attendees at a discounted rate of 15-20% per attendee. Reduced rate for NELFT/UCL Eating Disorder Conference Alumni (Previous Presenters). Contact us directly for a special access code.